

# WELCOME TO SAA!

Dear Newcomer,

We celebrate and honor your decision to reach out for assistance from Sex Addicts Anonymous®. We wish to extend to you a genuine welcome to the fellowship! SAA has helped many people stop addictive sexual behavior. We are a volunteer 12-step recovery program. There are no dues or fees. Membership is open to all who have a desire to stop addictive sexual behavior. There is no other requirement.



To help you get started, we recommend you follow these steps:

1. **Attend SAA meetings:** Meetings are the heart of the SAA program and the principal way to learn about recovery. (See meeting info section below) We recommend that you attend at least six meetings before you decide if the program is right for you.
2. **Read Our Literature:** Review the literature enclosed in this packet. Also, review the first 100 pages of SAA's primary text, "Sex Addicts Anonymous." (aka the "Green Book") (See "How to Buy or Obtain SAA Literature" below.) *Literature can be read for free at <https://saa-recovery.org/literature/>*
3. **Find a sponsor:** A sponsor acts as a guide or mentor and will help you get started in the program and work the Twelve Steps. (See "Getting a Sponsor" pamphlet)

## About Meetings

- All meetings are free of charge
- Meetings are either 60 or 90 minutes in duration
- There is no obligation to speak until you're ready to do so
- Anyone who thinks they may have a problem with sex addiction can attend
- A member of SAA will lead the meeting and give clear directions
- The meetings will start with some readings or a short talk on some aspect of recovery followed by individual sharing
- During the sharing period, you may speak *if you wish to do so*
- There is no registration and no records are kept
- We only use first names
- We practice strict anonymity and confidentiality; what is seen or heard in the meeting stays in the meeting
- In-person, telephone, and web-based meetings are available

## Information for Women Newcomers

- To speak to a woman in Houston Area – Judy G, 281-384-3034
- You can get assistance and talk to a woman member of SAA by e-mailing the Women's Outreach Committee at: [grace@saa-women.org](mailto:grace@saa-women.org).

## Our Diversity

Our fellowship is open to women and men, regardless of age, race, religion, ethnic background, marital status, or occupation. SAA welcomes members of any sexual identity or orientation, whether they are gay, lesbian, straight, bisexual, or transgender.



### Find In-Person Meetings:

Houston Area: [www.houstonsaa.org](http://www.houstonsaa.org)  
*See more about our Open Orientation meeting on the back of this document.*



### For Telephone or Web Meetings:

<http://saa-recovery.org/meetings>  
"filter" by Type – Telemeeting or Online



### For Additional Information

713-405-1142 / [info@houstonsaa.org](mailto:info@houstonsaa.org)

Or contact SAA's international office at  
800-477-8191 or 713-869-4902

## How to Buy or Obtain Additional SAA Literature

Additional SAA Literature is available at most local SAA meetings for little or no cost

Online: <https://saa-store.org/>

Phone: 800-477-8191 or 713-869-4902

Can't Afford Literature? Contact SAA's International Office using the phone numbers listed above and explain that you are experiencing financial difficulties. Literature will be outreached free of charge to any individual in this situation.

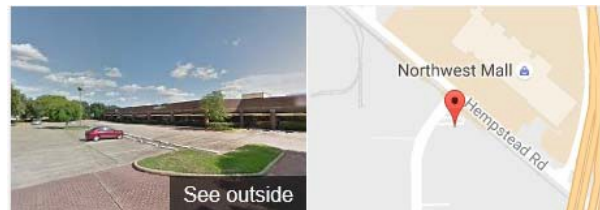
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<https://saa-recovery.org/literature/>

# SAA NEW ORIENTATION OPEN MEETING

NEW MEETING FOR NEWCOMERS AND THOSE INTERESTED IN FINDING OUT MORE ABOUT SAA

## Come just us to find out more about Sex Addicts Anonymous (SAA)

Every Saturday @ 2:00 pm  
@ Inner Loop Counseling  
1500 North Post Oak Rd – Suite 150  
N Post Oak @ Hempstead, across from  
NW Mall



### Inner Loop Counseling

This is a 90-minute orientation meeting open to addicts as well as newcomers who think they might suffer from sexual addiction. The meeting is also open to partners and loved ones of the addict as well as clergy, students and professionals who are looking to learn more about the SAA program and sex addiction. This is not a therapy or counseling meeting but rather an orientation meeting aimed at introducing the fundamentals of the SAA program. The format will include readings from the SAA meetings and introductions of the different meeting formats followed by a Q&A discussion. Pamphlets and other free reading material will be available to those who are interested.

This is an open meeting so if you feel uncomfortable in attending but would still like to learn more about the meeting and the program; feel free to call (281) 656-1668 or email us at [saa.houstonopen@gmail.com](mailto:saa.houstonopen@gmail.com) for more information.

[www.houstonsaa.org](http://www.houstonsaa.org)

To find the latest meeting schedule for Houston Area Meetings

Go to:

<https://tinyurl.com/HoustonMeetingSchedule>