

WELCOME TO SAA!

Dear Newcomer,

We celebrate and honor your decision to reach out for assistance from Sex Addicts Anonymous®. We wish to extend to you a genuine welcome to the fellowship! SAA has helped many people stop addictive sexual behavior. We are a volunteer 12-step recovery program. There are no dues or fees. Membership is open to all who have a desire to stop addictive sexual behavior. There is no other requirement.



To help you get started, we recommend you follow these steps:

1. **Attend SAA meetings:** Meetings are the heart of the SAA program and the principal way to learn about recovery. (See meeting info section below) We recommend that you attend at least six meetings before you decide if the program is right for you.
2. **Read Our Literature:** Review the literature enclosed in this packet. Also, review the first 100 pages of SAA's primary text, "Sex Addicts Anonymous." (aka the "Green Book") (See "How to Buy or Obtain SAA Literature" below.) *Literature can be read for free at <https://saa-recovery.org/literature/>*
3. **Find a sponsor:** A sponsor acts as a guide or mentor and will help you get started in the program and work the Twelve Steps. (See "Getting a Sponsor" pamphlet)

About Meetings

- All meetings are free of charge
- Meetings are either 60 or 90 minutes in duration
- There is no obligation to speak until you're ready to do so
- Anyone who thinks they may have a problem with sex addiction can attend
- A member of SAA will lead the meeting and give clear directions
- The meetings will start with some readings or a short talk on some aspect of recovery followed by individual sharing
- During the sharing period, you may speak *if you wish to do so*
- There is no registration and no records are kept
- We only use first names
- We practice strict anonymity and confidentiality; what is seen or heard in the meeting stays in the meeting
- In-person, telephone, and web-based meetings are available

Information for Women Newcomers

- To speak to a woman in Houston Area – Judy G, 281-384-3034
- You can get assistance and talk to a woman member of SAA by e-mailing the Women's Outreach Committee at: grace@saa-women.org.

Our Diversity

Our fellowship is open to women and men, regardless of age, race, religion, ethnic background, marital status, or occupation. SAA welcomes members of any sexual identity or orientation, whether they are gay, lesbian, straight, bisexual, or transgender.



Find In-Person Meetings:

Houston Area: www.houstonsaa.org
See more about our Open Orientation meeting on the back of this document.



For Telephone or Web Meetings:

<http://saa-recovery.org/meetings>
"filter" by Type – Telemeeting or Online



For Additional Information

713-405-1142 / info@houstonsaa.org

Or contact SAA's international office at
713-869-4902

How to Buy or Obtain Additional SAA Literature

Additional SAA Literature is available at most local SAA meetings for little or no cost

Online: <https://saa-store.org/>

Phone: 713-869-4902

Can't Afford Literature? Contact SAA's International Office using the phone numbers listed above and explain that you are experiencing financial difficulties. Literature will be outreached free of charge to any individual in this situation.

Literature can be read for free at:
<https://saa-recovery.org/literature/>

SAA NEWCOMER ORIENTATION MEETING

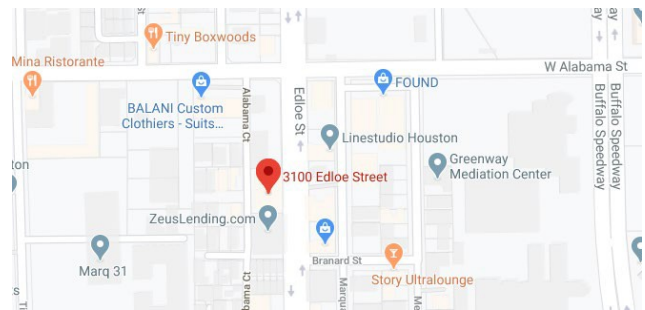
EVERY SATURDAY

AN OPEN MEETING FOR ANYONE INTERESTED IN FINDING OUT MORE ABOUT SAA

When: Saturdays, 1:00 pm

Where: 3100 Edloe St, Suite 220B,
Houston, 77027

Details: Go to second floor, turn right out of elevators, go to the next to last door on the left.



Like all SAA meetings in the Houston area, the SAA Newcomer Orientation Meeting is available to local members and newcomers who think they might suffer from sexual addiction - plus, it offers several other unique features intended to help new members!

- **The meeting is Open** We also welcome partners and family of sex addicts, clergy, students and professionals who are looking to learn more about the SAA program and sex addiction.
- **Bring your questions or concerns** While most SAA meetings discourage cross-talk and feedback, the Orientation format encourages questions, comments and discussion. Pamphlets and other free material will be available.
- **Learn how SAA meetings work** The Orientation meeting is aimed at introducing newcomers and others to the fundamentals of the SAA program. Our orientation format includes readings from typical SAA meetings, as well as an overview of different meeting formats available in the Houston area.
- **PLUS Local members can pick up anniversary chips in person!** Local members who usually attend virtual meetings can join us to pick up anniversary chips and share a little about how the Steps and the tools of recovery worked in their lives!

If you would like to learn more about this meeting and the program in advance,

- Call us at (281) 656-1668, or
- Email us at saa.houstonopen@gmail.com
- Or visit www.houstonsaa.org